

# REGAL EAGLE REVIEW

Volume 69 June 2022

## How To Be Dollar Smart

It's important to be smart about how you save, spend, and think about every dollar you earn. Here are some DOLLAR SMART TIPS:



Stay focused on your spending habits by recording how much you are spending, what you spent it on, and how much you saved. Being aware may make you more careful and help you save more easily.

Make a wish list. Write down the things you really want to save for and how much they cost. Do your best not to spend too much on less important stuff.



Reward yourself. It's ok to splurge once in a while - your birthday, a good report card, or meeting a goal. Go ahead and celebrate a job well-done!

Set aside funds for different things, in different places. Put a few dollars in your wallet for spending money, and set aside some for future savings. Take a trip to the credit union and deposit it into your savings.



## Regal Eagle Making the Grade Drawing

Remember to bring in your latest report card for entries into the drawing. Each "A" gets 2 entries and each "B" gets 1 entry. The winning ticket will receive a \$25 deposit to their savings. Our next drawing will be October 18, 2022.



## JUST FOR GIGGLES!

Why didn't the skunk have enough money to go to the movies?

*Because he only had one scent!*



Why can't you borrow money from a leprechaun?

*Because they are always a little short!*



What type of money do sharks use?  
*Sand Dollars!*

# CONGRATS!

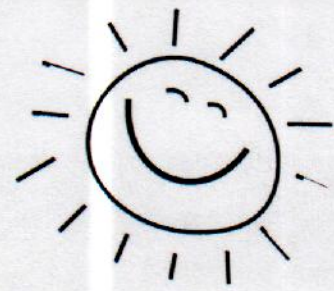
to our latest winner:

Jameson  
Much

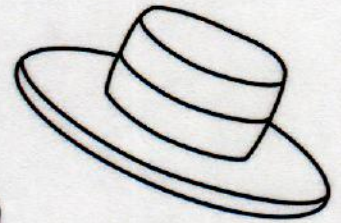
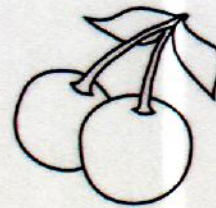
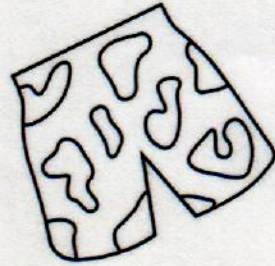
hooray



# Hello



# Summer



The interesting life of



## Hummingbirds!

They do not spend all day flying. Hummingbirds need to conserve energy, so they spend the majority of their time perched digesting.

Hummingbirds can hover, fly forwards, backwards, and even upside down.



To conserve energy overnight, a hummingbird enters a hibernation-like sleep called torpor (a state of decreased physiological activity in an animal).

Depending on the species, a hummingbird's wings can flap around 50 times per second and can reach as high as 200 times per second. Their wings can rotate in a full circle.

Before migrating, hummingbirds will store up a layer of fat equal to half its body weight in order to slowly use up this energy source while flying.

## Hummingbird Nectar Recipe

1. Combine 1:4 ratio of plain white table sugar to water
2. Slowly heat solution for 1-2 minutes
3. Allow solution to cool before filling feeders

